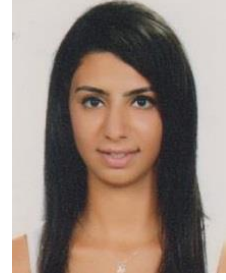


CURRICULUM VITAE

Şengül Akkartal *Senior Instructor*



ADDRESS	Famagusta, Northern Cyprus sengul_akkartal@hotmail.com	NATIONALITY	TRNC
EMAIL	sengul.akkartal@emu.edu.tr	PHONE	(+90) 392 630 2037
		DATE/PLACE OF BIRTH	29.04.1992/Famagusta

Education

2022- Present	Uluslararası Kıbrıs Üniversitesi Nutrition and Dietetics PhD <i>Thesis: COVID-19 Pandemi Başlangıcında ve Sürecinde Gazimağusa'da Yaşayan 19-64 Yaş Aralığındaki Bireylerin Koronavirüs 19 Fobilerinin, Kaygılarının, Yeme Farkındalığının, Akdeniz Diyetine Uyumlarının ve Beslenme Durumlarının Değerlendirilmesi</i>
2020 - Present	Uluslararası Kıbrıs Üniversitesi Nutrition and Dietetics PhD <i>Seminar: " Hastalıkların Tedavisinde Kullanılan İlaçların Besinlerle Etkileşmesi"</i>
2019 – 2020 ANKARA, TURKEY	Ankara University PhD Pharmaceutical Toxicology (1 yıl misafir öğrenci, 6 PhD ders eğitimi)

2015 – 2018

FAMAGUSTA, NORTHERN CYPRUS

Eastern Mediterranean University

MSc

Nutrition and Dietetics

Thesis: “Gazimağusa,de Yaşayan 18-64 Yaş Bireylerin Beslenme Bilgi Düzeyleri ve Diyet Kalitelerinin Değerlendirilmesi”

Seminar: “Zeytinyağı ve Fenolik Bileşikleri”

2010 – 2015

FAMAGUSTA, NORTHERN CYPRUS

Eastern Mediterranean University

BSc

Nutrition and Dietetics

Thesis: “Doğu Akdeniz Üniversitesi Öğrencilerinin Kalsiyum Tüketim Düzeylerinin Belirlenmesi”

Seminar: “Yaşam Tarzı Beslenme ve İnsülin Direnci”

Employment History

2016 – Present

FAMAGUSTA, NORTHERN CYPRUS

Senior Instructor

Eastern Mediterranean University

Faculty of Pharmacy

Languages

Turkish

English

Academic Courses

2023

Yiyecek-İçecek İşletmelerinde Besin İntoleransı-Alerjjen Besinler

Theoretical Course

Eastern Mediterranean University, Faculty of Tourism

2022- Present

Yiyecek ve İçecek İşletmelerinde İş Güvenliği ve Sanitasyon

Theoretical Course

Eastern Mediterranean University, Faculty of Tourism

2022-2023

Hygiene and Sanitation for Foodservice Industry

Theoretical Course

Eastern Mediterranean University, Faculty of Tourism

2021- Present

Gastronomi ve Mutfak Sanatları İçin GıdaTehnolojisi

Theoretical Course

Eastern Mediterranean University, Faculty of Tourism

2019 – 2020

Effects of Toxic Substances in Food on Drug Metabolism

Theoretical (Area Elective Course)

Eastern Mediterranean University, Faculty of Pharmacy

2016 – Present

Medical Microbiology

Practical

Eastern Mediterranean University, Faculty of Pharmacy

Virology and Parasitology

Practical

Eastern Mediterranean University, Faculty of Pharmacy

2016-2021

Pharmaceutical Toxicology

Practical

Eastern Mediterranean University, Faculty of Pharmacy

2016-2023

Pharmaceutical Botany

Practical

Eastern Mediterranean University, Faculty of Pharmacy

2017-2022

Biochemistry

Practical

Eastern Mediterranean University, Faculty of Pharmacy

2017-2020

Immunology

Practical

Eastern Mediterranean University, Faculty of Pharmacy

Scientific Conferences & Symposium

May 2017

EMUPSS 2nd Annual Congress

FAMAGUSTA, NORTHERN CYPRUS

Oct 2014

Uluslararası Beslenme ve Diyetetik Kongresi (International Congress of Nutrition and Dietetics)

FAMAGUSTA, NORTHERN CYPRUS

March 31 – April 4 , 2021

X. Uluslararası Beslenme ve Diyetetik E- Kongresi

February 11 2021

The International Nutrition, Health Literacy and Education Conference

MAY 25-26 2021

Metabolism and Life, Sabri Ülker Center Symposium

Scientific Webinar

May 2021	" Bilimsel Veriler Işığında Probiyotikler" Türkiye Diyetisyenler Birliği Online Toplantısı
March 2021	NBT İlaç Akademisi (Mart ayı seminerleri)
24 February 2021	Early dietary intervention: <i>Managing food allergy</i>

Scientific Webinar Education

March 31, 2021	'Covid-19 ve Vitaminler' eğitimi. Lokman Hekim Üniversitesi ANKARA
February 20, 2021	Hastalıkta ve Sağlıkta Anadolu Arı Ürünlerinin Önemi
March 22, 2021	Arı Ürünleri ile Sağlıklı Beslenme ve Güncel Çalışmalar"
March 27, 2021	Arı Ürünleri ile Sağlıklı Yaşam

Certificates, Education

Apr 2019 FAMAGUSTA, NORTHERN CYPRUS	Laboratuvar İş Sağlığı ve Güvenliği (Occupational Health and Safety in Laboratory)
--	---

Traineeships

2015

FAMAGUSTA, NORTHERN CYPRUS

Özel Gazi Mağusa Yaşam Hastahanesi

2015

FAMAGUSTA, NORTHERN CYPRUS

Çanakkale Ortaokulu – Beslenme Eğitimi

2014

ANKARA, TURKEY

Hacettepe Hastahanesi

Books

2018

FAMAGUSTA, NORTHERN CYPRUS

Pharmaceutical Toxicology

Eastern Mediterranean University, Faculty of Pharmacy

2018

FAMAGUSTA, NORTHERN CYPRUS

Pharmaceutical Toxicology Practices

Eastern Mediterranean University, Faculty of Pharmacy

2018

FAMAGUSTA, NORTHERN CYPRUS

History and Ethics of Pharmacy

Eastern Mediterranean University, Faculty of Pharmacy

2018

FAMAGUSTA, NORTHERN CYPRUS

Medical Terminology

Eastern Mediterranean University, Faculty of Pharmacy

Publications

1. Akkartal, Ş., & Gezer, C. (2020). Is Nutrition Knowledge Related to Diet Quality and Obesity?. *Ecology of Food and Nutrition*, 59(2), 119-129. (Web of Science Q Yayını)

<https://doi.org/10.1080/03670244.2019.1675654>

Citations

Alabaşoğlu, T. (2020). *Öğretmenlerin beslenme okuryazarlığı durumu ve sağlıklı yeme indekslerinin değerlendirilmesi: Kırklareli örneği* (Master's thesis, Sağlık Bilimleri Enstitüsü).

Altamimi, M., Badrasawi, M. M., & Khalid, B. (2021). Use, Knowledge and perception About Ketogenic Diet Amongst University Students from Medical and Health Sciences Faculties. *Iraq Medical Journal*, 5(1).

Altinok, Ö., & Güvenç, H. Genel ve Sporcu Beslenme Bilgisi Ölçeği Türkçe Formu: Lise ve Üniversite Öğrencileri İçin Geçerlik Güvenirlilik Çalışması. *Hacettepe University Faculty of Health Sciences Journal*, 9(3), 701-715.

Aureli, V., & Rossi, L. (2022). Nutrition Knowledge as a Driver of Adherence to the Mediterranean Diet in Italy. *Frontiers in nutrition*, 470.

Behr, H., Earl, S., Ho, A. S., Lee, J., Mitchell, E. S., McCallum, M., ... & Michaelides, A. (2022). Changes in Health-Promoting Behaviors and Their Association with Weight Loss, Retention, and Engagement on a Digital Program: Prospective Study. *Nutrients*, 14(22), 4812.

Cai, Z., Jiang, K., Wang, T., Li, S., Xian, J., Zhao, Y., & Shi, Z. (2023). Influence of adolescents' and parental dietary knowledge on adolescents' body mass index (BMI), overweight/obesity in 2004–2015: a longitudinal study. *Archives of Public Health*, 81(1), 188.

ÇAKIR, B., KILINÇ, F. N., Ekici, E. M., & Özenir, Ç. (2023). Does nutrition knowledge level affect food group preferences and obesity in individuals aged 19 years and older?. *Journal of Health Sciences and Medicine*, 6(6), 1350-1355.

Çelebi, İ., Koçak, H., & Çalışkan, C. (2023). The Relationship Between Disordered Eating Attitudes, Nutritional Knowledge Levels, and Overweight and Obesity Among University Students: A Single-Center Study in Türkiye. *Online Türk Sağlık Bilimleri Dergisi*, 8(4), 418-424.

Ferguson, C. C., Clina, J. G., Young, H. J., Gammon, L., Jeter, A., Abadie, A., & Rimmer, J. H. (2023). Improvements in nutrition knowledge among adults with physical disabilities: A program evaluation of the mindfulness, exercise, and nutrition to optimize resilience (MENTOR) program 2020–2021. *Disability and Health Journal*, 101577.

Güngör, B. N. (2021). *Balıkesir Karesi İlçesinde Yaşayan 20-64 Yaş Arası Yetişkin Bireylerde Beslenme Bilgi Düzeyi, Duygusal Yeme ve Depresyon İlişkisinin Değerlendirilmesi* (Master's thesis, Eastern Mediterranean University (EMU)-Doğu Akdeniz Üniversitesi (DAÜ)).

Handayani, D. R., Rakhmat, I. I., Septiadi, E., Faradina, M. A., Nugraha, R. F., Prawira, A. H., & Anugrah, R. A. (2021, July). Characteristics, Nutritional Status, and Lipid Profile of Dyslipidemia Patients with Mediterranean Diet. In 12th Annual Scientific Meeting, Medical Faculty, Universitas Jenderal Achmad Yani, International Symposium on "Emergency Preparedness and Disaster Response during COVID 19 Pandemic"(ASMC 2021)) (pp. 10-15). Atlantis Press.

Ma, L., & Schluter, P. J. (2023). Urban-rural disparity in body mass index: is dietary knowledge a mechanism? Evidence from the China Health and Nutrition Survey 2004-2015. *Journal of global health*, 13.

Meilawati, N. P. Hubungan antara pengetahuan gizi, kualitas diet, dan aktivitas fisik dengan status gizi pada remaja di SMA Negeri 7 Semarang.

Mitchell, E. S., Yang, Q., Ho, A. S., Behr, H., May, C. N., DeLuca, L., & Michaelides, A. (2021). Self-Reported Nutritional Factors Are Associated with Weight Loss at 18 Months in a Self-Managed Commercial Program with Food Categorization System: Observational Study. *Nutrients*, 13(5), 1733.

ÖZTÜRK, E. E., & ÖZGEN, L. (2023). Evaluation of The Relationship Between Nutrition Knowledge and Sustainable Food Literacy. *Journal of Contemporary Medicine*, 13(1), 66-71.

Özüpek, G., & Arslan, M. (2021). Sürdürülebilir Beslenme Davranışları İle Beslenme Bilgi Düzeyi Ve Beden Kütle İndeksi İlişkisinin İncelenmesi. *GEVHER NESİBE JOURNAL OF MEDICAL AND HEALTH SCIENCES*, 6(14), 68-79.

Özvar, M. (2022). *Üniversite öğrencilerinde besin seçim güdüleri ile depresyon, anksiyete, stres düzeyleri ve diyet kalitesi arasındaki ilişkinin değerlendirilmesi* (Master's thesis, Başkent Üniversitesi Sağlık Bilimleri Enstitüsü).

Saltekin, A. Pandemi Sürecinde Yetişkin Bireylerin Covid-19 Korkusu, Sağlıklı Yaşam Davranışları ile Beslenme Bilgi Düzeylerinin Belirlenmesi.

Saintila, J., Calizaya-Milla, Y. E., Calizaya-Milla, S. E., Elejabo-Pacheco, A. A., Sandoval-Valentin, G. A., & Rodriguez-Panta, S. G. (2022). Association Between Nutritional Knowledge, Dietary Regimen, and Excess Body Weight in Primary School Teachers. *Journal of Multidisciplinary Healthcare*, 2331-2339.

Shangraw, R. (2022). Evaluating Nutrition Knowledge in Parents and Its Relation to Childhood Obesity.

Titis, E. (2022). Parental perspectives of the impact of COVID-19 lockdown on food-related behaviors: Systematic review. *Foods*, 11(18), 2851.

Titis, E. (2022). Systematic Literature Review on Parental Perspectives of the Impact of COVID-19 Lockdown on Food-Related Behaviors.

Utri-Khodadady, Z., & Głabska, D. (2023). Analysis of Fish-Consumption Benefits and Safety Knowledge in a Population-Based Sample of Polish Adolescents. *Nutrients*, 15(23), 4902.

Wang, Q., Chu, H., Li, H., Li, C., Li, S., Fang, H., ... & Liu, A. (2023). Deep neural network for prediction of diet quality among doctors and nurses in North China during the COVID-19 pandemic. *Frontiers in Public Health*, 11.

Xu, Z., Zhao, Y., Sun, J., Luo, L., & Ling, Y. (2022). Association between dietary knowledge and overweight and obesity in Chinese children and adolescents: Evidence from the China Health and Nutrition Survey in 2004–2015. *Plos one*, 17(12), e0278945.

Yamaç, S. U., & Terkeş, N. The Effect of Hand-Washing and Nutrition Education Given to Women with Chronic Diseases Living in Rural Areas During the Covid-19 Pandemic-Randomized Controlled Study. *Turkish Journal of Family Medicine and Primary Care*, 16(4), 786-797.

Membership

2015 – Present

Kıbrıs Türk Diyetisyenler Birliği

NORTHERN CYPRUS

EXTRA-CURRICULAR ACTIVIES

2021-Present

Editorial Assistant

EMU Journal of Pharmaceutical Siences

References

Prof. Dr. HAYRETTİN OZAN GÜLCAN

Eastern Mediterranean University, Faculty of Pharmacy, Dean

ozan.gulcan@emu.edu.tr

(+90) 392 630 3109

Prof. Dr. Gonul SAHIN

Eastern Mediterranean University, Faculty of Pharmacy

gonul.sahin@emu.edu.tr

(+90) 392 630 2563

Assist. Prof. Dr. Mehmet ILKTAC

Eastern Mediterranean University, Faculty of Pharmacy

mehmet.iltac@emu.edu.tr

(+90) 392 630 2566

Assoc. Prof. Dr. Ceren GEZER

Eastern Mediterranean University, Faculty of Health Sciences

ceren.gezer@emu.edu.tr

(+90) 392 630 3003

PROF. DR. SEYIT MEHMET MERCANLIGİL

Cyprus International University, Faculty of Health Sciences, Nutrition and Dietetics

smercanligil@ciu.edu.tr

Prof. Dr. Benay Can EKE

Ankara University, Faculty of Pharmacy, Department of
Pharmaceutical Toxicology

eke@pharmacy.ankara.edu.tr

(+90) 312 203 3117

Prof. Dr. Tulay COBAN

Ankara University, Faculty of Pharmacy, Department of
Pharmaceutical Toxicology, Head of Department

coban@pharmacy.ankara.edu.tr

(+90) 312 203 3120